



PRESENTS A 25 MILE TIME TRIAL

To be held on Sunday 26th June 2022 at 06.30 am - Course Q25/10

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Timekeepers: Andy McCall & Christine Burrows (Thanet RC)

Awards

1st on Scratch	£25	2nd on Scratch	£20
3rd on Scratch	£15		
1st Vet on Age Standard	£20	2nd Vet on Age Standard	£15
3rd Vet on Age Standard	£10		
1st Woman	£25		

Event HQ.

St Nicholas at Wade C of E Primary School, Down Barton Road, St Nicholas-At-Wade, Birchington, CT7 0PY.

Directions to start from HQ: Turn left from the HQ and then turn right into The Street. After approximately 100 metres, turn right into Manor Road. At the crossroads at the end of Manor Road, turn right onto the A28 to the start, approximately 500 metres from crossroads.

Course Details – Q25/10

Start at public bridle way sign on A28, approx 400yards SW of St. Nicholas at Wade sign (TR 264658). Continue along A28 to St. Nicholas RAB turn left onto Thanet Way westbound. Continue to Broomfield interchange, turn left and over bridge to rejoin Thanet Way eastbound.

Continue to St. Nicholas RAB where turn left into Potten Street Road. Continue west along Potten Street Road, taking 2nd left turning over the bridge (**Riders are warned to take special care at this junction as you must not cross the white line**) (SP St. Nicholas) and take the first left into Wantsum Way to rejoin Thanet Way westbound.

Proceed as on 1st circuit to return to St. Nicholas RAB turning left into Potten Street Road as above. Continue west along Potten Street Road, taking 2nd left turning over the bridge (SP St. Nicholas) and take the 1st left into Wantsum Way to **finish** at centre of 2nd drain past the entrance to St. Nicholas Court Farms (TR 262671).

Competitors Notes

Covid-19 CV19 is still very much present and the CTT still have some guidance in place as follows:-. Competitors should not attend if they feel ill in ANY way especially if they or family members have any CV19 symptoms.

An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case.

Any competitor where the above is relevant should obtain a lateral flow test.

Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - the competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1..Competitors must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

2. In the interest of safety, you must wear recognised protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **ALL** riders **MUST** wear such headgear.
3. **A WORKING** front and rear light, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
4. Parking is not permitted within 25 metres of the start or at the finish.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
8. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
9. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.
10. Riders are required to sign on before collecting their number at the HQ. Please bring your own pen.
11. Please ensure that you pin your number on your lower back as per CTT Regulation number 16. If you pin it too high on your back, the timekeeper may miss it and you could be shown as DNF on the result sheet
12. Please keep the noise to a minimum to avoid unnecessary disturbance to the local residents.
13. Riders risk disqualification if they perform U turns in the start and finish areas or use these areas as a public toilet. Please be aware that traffic approaching the start area from Sarre may be moving fast.
14. Due to the layout of the course, you will pass the timekeeper twice.
15. On passing the finish timekeeper, you will need to stop before rejoining the Thanet Way and turn round in order to return to the HQ. **Please take extreme care when doing this as there may be other riders still competing and other road users to be considered.** To return to the HQ, return past the timekeeper, turn left at the T junction and then right into Down Barton Road after 200 metres.

Acknowledgements to Club Sponsors

VC Elan	Harry Perry Cycles
VeloRefined Aerosmiths	Velorefined Aerosmiths Rule 5
Abellio SFA RT	Abellio
VC Deal	Hammonds of Dover

Thanet RC wish you a safe and successful ride.

Event Secretary: Dave Mastin,
399 Margate Road,
Ramsgate,
CT12 6SE
Tel. 01843 596774. Mob. 07939 535176.
E-mail : david.mastin@btinternet.com

No.	Start	Name	Club	Cat	Vets Std
9	06:39:00	Colin Inett	Thanet RC	V	01:21:20
10	06:40:00	Paul Burrows	Thanet RC	V	01:06:55
11	06:41:00	Matthew Smith	Colour Tech RT	V	01:06:22
12	06:42:00	Owen Fletcher	Ashford Whs	S	
13	06:43:00	Matt Bristow	VC Deal	V	01:07:56
14	06:44:00	Andy Burrows	Thanet RC	V	01:19:45
15	06:45:00	Pip Jenkins	1904RT	W	
16	06:46:00	Simon Henderson	Thanet RC	V	01:10:14
17	06:47:00	Adrian Stead	VC Deal	V	01:08:52
18	06:48:00	Christopher Bax	Thanet RC	V	01:14:23
19	06:49:00	Mike Perry	Thanet RC	V	01:18:20
20	06:50:00	Paul Smith	VeloRefined Rule 5	V	01:07:56
21	06:51:00	Mark Doxey	Abellio - SFA Racing Team	V	01:08:37
22	06:52:00	David Greenwood	Rye & District Wheelers CC	V	01:09:59
23	06:53:00	Neal Watson	7Oaks Tri Club	V	01:08:52
24	06:54:00	Peter Huckstep	Thanet RC	V	01:14:52
25	06:55:00	Peter Robertson	Backpedal	S	
26	06:56:00	Mathew Lister	Thanet RC	V	01:06:11
27	06:57:00	Gary Grayland	CC Bexley	V	01:09:59
28	06:58:00	Shay Giles	VC Elan - Harry Perry Cycles	V	01:18:20
29	06:59:00	Paul Griffiths	Thanet RC	V	01:07:19
30	07:00:00	Mark Hill	VeloRefined Rule 5	V	01:08:52
31	07:01:00	Steve Gooch	Rye & District Wheelers CC	V	01:09:23
32	07:02:00	Michael Ashcroft	West Kent RC	S	
33	07:03:00	Sam Bennett	7Oaks Tri Club	V	01:07:43
34	07:04:00	Fiona Howarth	VC Deal	WV	01:15:09
35	07:05:00	Martin Jones	Colour Tech RT	V	01:08:10
36	07:06:00	Jonathan Smith	Onyx RT	V	01:06:55
37	07:07:00	Colin Ashcroft	West Kent RC	V	01:10:32
38	07:08:00	Glen Whittington	Southborough & Dist. Whs	S	
39	07:09:00	Debbie Percival	Kent Velo Girls/Boys	WV	01:17:17
40	07:10:00	Nicholas Fennell	Thanet RC	S	